

Willow Stream Spa, Fairmont Amman, Jordan

Willow Stream Spa at Fairmont Amman embodies an environment that captures the essence of old world charm within an opulent environment, reflecting the mystery of the healing powers with an allure of its rich history.

Offering an array of lifestyle choices and encompassing total well-being, Willow Stream offers the most luxurious spa experience in the capital city, an exclusive facility focused on fitness and movement with our motivating staff from top beauty to aesthetics experts in the most innovative ways to help you find your energy.

Our treatment menu includes an advanced selection of facials from spa experts, including Dr Burgener Switzerland, combined with the authentic healing benefits of body treatments using locally-inspired Dead Sea products by Trinitae. As facial specialists, we focus on result oriented, anti-aging exclusive treatments. Our enchanting treatments will lead you down a sensory journey that brings overall balance and a sense of calm to your memorable experience.

This unique 2,200 square-meter urban retreat provides six tranquil spa rooms, including a couples' VIP suite and calming relaxation lounge, exclusive co-ed vitality pools, hammam scrub room, Dead Sea pool, inhalation steam rooms, as well as healing saunas.

About Willow Stream Spa

Willow Stream Spas are acclaimed around the world for our focus on finding innovative ways to help guests discover their own energy. Energy makes the difference between living and living well; recharging our energy allows us to flow, rather than fight, through life. That is why energy renewal is our mission.

Each of our spas is designed to reflect the beauty and ambience of its location and of the hotel in which it is located, so no two are alike. But all of our spas have this in common: they deliver an outstanding experience. Simply being here – a way from the chaos of everyday life – relaxes our guests and starts them on their energy journey.

Our spa experiences combine authentic and effective treatments with a place for you to spend time alone or with your friends. Social spaces by the pool, relaxation lounges and steam rooms, yoga and fitness areas – are all designed to stir our passion for living with abundant energy.



Our name: Willow Stream



We believe these two words reflect our philosophy and our connection to nature's elements.

Willow: The willow represents our deep-rooted authenticity, strong center and flexible spirit.

Stream: The stream represents our energizing journey through life – bending and changing in a peaceful, purposeful manner as it finds its way around obstacles.

Our logo: Our logo is composed of ancient symbols for the world's essential elements: earth, air, fire and water. The willow – wood – is the fifth element. Balancing these elements puts us in sync with nature's equilibrium.

Willow Stream Spa Product Philosophy

Willow Stream Spa places emphasis on many aspects when choosing spa products for each of our Spas around the world. With luxury in mind, each brand selected demands quality and result-driven treatments, which are personalized to suit the needs of our valued guests. Environmental sustainability is considered whenever and wherever possible, which reflects our social responsibility. Our relationships with the product houses are important to ensure that we have premium spa products and training available for every encounter with our guests.

Dr Burgener Switzerland

As a Doctor in Biology, Dr. Pauline Burgener always seeks to pick the best ingredients from nature and to combine them with the latest technologies in anti-aging, to create the best personalized skincare products. Dr Burgener Switzerland stems from a family business created in 1955 by Dr. Marc Burgener, her father-in-law, with his aesthetic surgery clinic in Lausanne, Switzerland. From anti-aging, lifting, purifying or restructuring facials, to slimming treatments, passing by hydrating or antioxidant body scrubs and wraps, our therapists who are trained and accredited by Dr Burgener will be able to advise and choose the treatments that fit your needs following a detailed skin diagnostic, and depending on your skin condition.

Trinitae Dead Sea Products

Our story begins where water meets earth at its lowest point. Dead Sea salt and minerals are said to have healing properties, which Trinitae utilizes to enhance its skin care products. When you gently cleanse your skin with Dead Sea mud and heal impurities with minerals and salts, you give the gift of relaxation to your body, mind and soul.



Willow Stream Spa Facilities

We know that exercise is a vital component of daily life, especially for travelers on the go, who appreciate the desire for high-quality, well-equipped fitness facilities. Life Fitness® provides spacious customized wellness areas and supplies fitness facilities to meet all your needs. Catering to your own fitness level, ability, or age, our dedicated wellness professionals are here to assist you in achieving your personal health and fitness goals, supporting you every step of the way.

Fairmont Amman is the perfect environment to restore your energy with access available to hotel guests as well as local guests, offering the following facilities and services:

- Personal training
- Group and private classes
- Wet areas, complete with healing sauna and inhalation steam room
- Hammam scrub room
- Dead Sea Mud Room
- Relaxation lounge
- Vitality pools
- Dead Sea pool
- Ice fountains
- Locker area
- Jacuzzi
- Ladies' and Gentlemen's Salons





Hydrotherapy and Salt Experiences

Willow Stream Spa Amman offers a unique selection of wellness facilities inspired by the healing benefits of the Dead Sea to create a retreat for restoration.

Sauna Wellness

Maintained between 80-85°C, the sauna's dry heat soothes and warms the muscles, relieving tension from your body and minimizing joint pain. This is especially beneficial for those who suffer from illnesses such as arthritis, painful migraines, and headaches.

Dead Sea Pool

Inspired by the healing powers of the Dead Sea, the pool's mineral-rich water is recommended for healing several skin conditions. Its regular use contributes to better breathing and improved circulation as it draws toxins from the body, as well as helps relieve muscle and joint pain.

Vitality Pools

Maintained at 38°C, these luxurious bespoke pools are equipped with air and water jet features, such as a hydro backbench, air tubs, and body massage. Vitality pools help increase circulation and alleviate joint pain.

Hammam Scrub

Our heated hammam room is the perfect retreat for this cleansing ritual.

Inhalation Steam Room Wellness

Maintained at 42-45°C, this humid, aromatic heat experience is highly beneficial for those who suffer from asthma and bronchitis, as it opens up the breathing passages and alleviates congestion. We recommend that a session last 10-15 minutes and that you keep your body well hydrated afterwards. Humid heat is especially beneficial before or after a massage treatment to increase circulation.

Ice Fountains

Ice Fountains temperatures range from 4°C to 15°C. After exposure to a hot environment, crushed ice can be applied to limbs gently to selectively cool the body, speed up the cool down process, and dilate the blood vessels to decrease blood pressure.

Lifestyle Memberships

Fairmont Lifestyle Memberships encompasses a selection of lifestyle choices for the Fairmont guest to suit the needs of their everyday lives. The Lifestyle membership invites you to be a member of The Fairmont Amman and focuses on all elements of well-being including state-of-the-art fitness facilities with the latest equipment and gadgets, a nurturing spa environment to escape and pamper yourself as well as a selection of food and beverage outlets to suit all your needs.

At Fairmont we understand the importance of exercise in our daily life. Our fitness center is built to ensure our guests have a comfortable space to use the best fitness equipment. Our dedicated personal trainers are available to assist with all your fitness goals, catering to your fitness level, ability and age.

As a valued member, you will enjoy the following benefits:

- Introductory personal training sessions
- Priority to all group classes – booking in advance is required
- Use of facilities including fitness and wet area
- Privileged pricing on our lifestyle offers including spas and restaurants
- Automatic enrollment in Fairmont President's Club loyalty program
- Access to the outdoor pool

The fitness center is open daily from 6:00am until 10:00pm and is located on the third floor.

For more details regarding our Lifestyle Membership and available classes, please contact Willow Stream on + 962 6 510 6200.



Willow Stream Signature Expressions

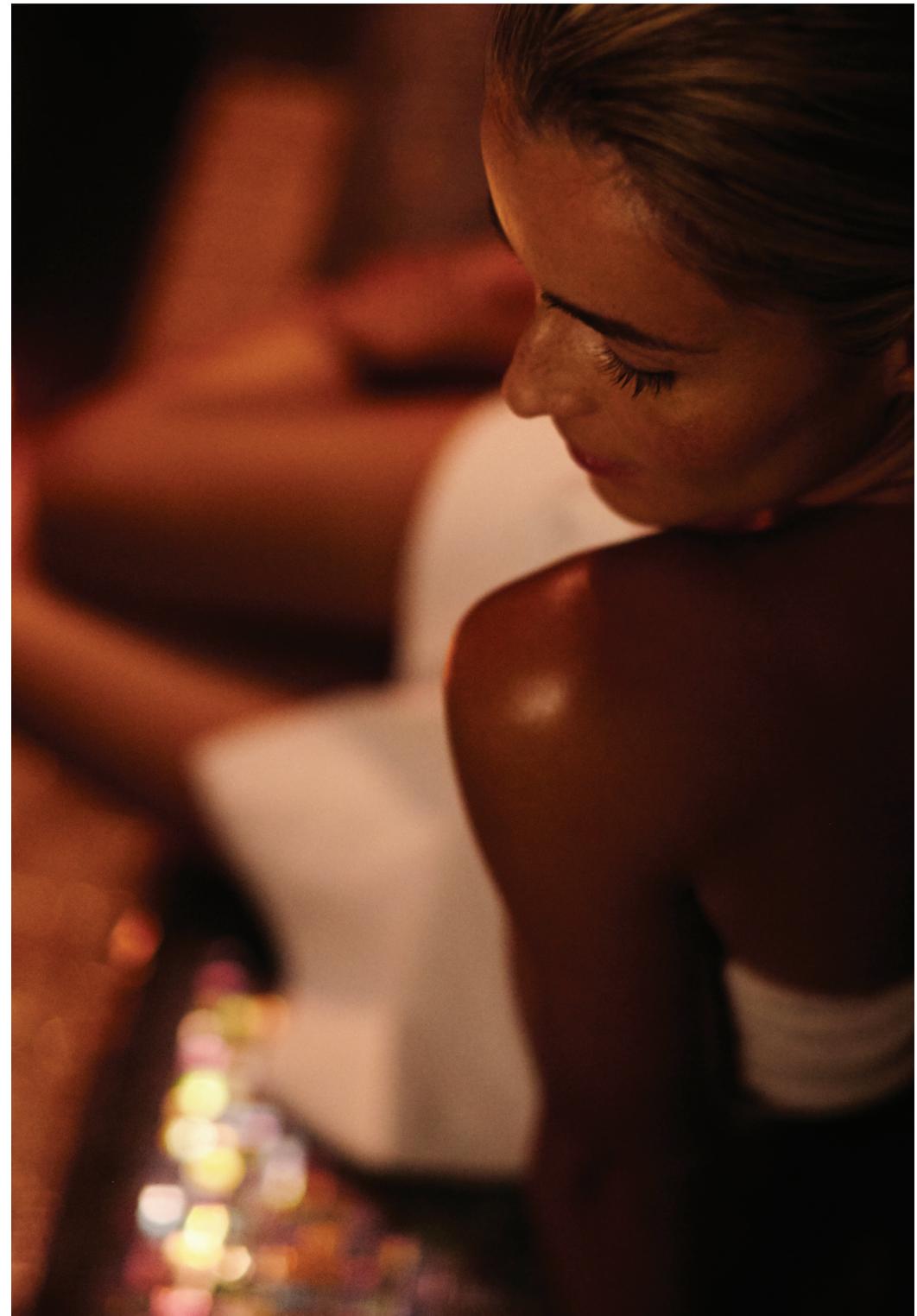
Willow Stream Signature Expressions bring together the key elements of face and body as one. We place a careful emphasis on our guests feeling locally connected while encouraging relaxation to restore their personal energies, resulting in feeling revived.

Royal Majestic Damascan Rose by Dr Burgener Switzerland – 120 minutes

Your journey will start with an exfoliation using our hydrating honey peel with crushed apricot stones. Further benefits are achieved with the application of the Damascan Rose wrap to rehydrate and regenerate the skin. A relaxing massage will complete your majestic experience, crowned by our Swiss Anti-Aging Jewel facial. Included in this treatment is our anti-aging signature smoothie.

Floating in the Dead Sea – 120 minutes

This unique treatment is carefully designed to give you the ultimate Dead Sea signature treatment. Begin with a soothing soak in the salt pool and allow your body to absorb its healing powers. Next, exfoliate the skin with the citrus mineral body scrub, which gently cleanses the skin and prepares it for the mud wrap. Cocoon yourself in a heated Dead Sea herbal mud wrap and immerse yourself in our flotation bed, which gives the impression of floating in the Dead Sea. While the mud draws out any impurities, the floating table will release all muscle tension by lifting pressure off your bones and joints for a truly relaxing experience. Complete this treatment with a full body massage using an olive and aromatherapy herbal oil blend that gently soothes your mind, body and soul. Included with this treatment is the signature Willow Stream Amman drink that boosts your system and gives you peace of mind.



Advanced Facials

High Tech Ultrasound Anti-Aging Specialist Facials

The following facials are a selection of 90-minute treatments, which incorporate the powerful healing benefits of the High Tech Ultrasound and Galvanic Technology from Dr Burgener Switzerland.

Personal Diagnosis

All of our treatments commence with an in-depth skin diagnosis using the Reveal skin analyzer, helping to map the skin and identify its individual needs.

Luxury Green Caviar – 90 minutes

Harnessing the power of Swiss anti-aging excellence, this treatment particularly suits skin in need of a regenerative boost. The High Tech Ultrasound penetrates on a cellular level with an intense dose of Green Caviar and Gold trace elements to repair and revamp the skin.

Intense Glow Facial – 90 minutes

Using our High Tech Ultrasound to brighten, purify and tone the skin, a specialized sequence of massage techniques will increase circulation and help drain impurities through the lymphatic system. We complete this treatment with an application of glycolic acid, to leave your skin radiant and luminous with immediate results.

Collagen Firming – 90 minutes

Stimulating from the inside out, the High Tech Ultrasound will allow the skin to produce more collagen and elastin in order to improve cellular functioning. A firmer, denser, smoother and more uniform complexion is obtained through our plumping Hydra Filler mask.



Classic Facials

Swiss Anti-Aging Jewel – 90 minutes

This journey commences with a deep cleansing and exfoliation using Dr Burgener Bamboo clarifying peeling. A rejuvenating massage, using the application of nutrient-rich serum and with essential oils, will combat the signs of aging. An extra dose of vitamins and trace elements achieved by the application of our Royal Jelly mask, will turn back the hands of time.

Corrective Whitening – 60 minutes

Nature's miracle, fruit derived; Alpha Hydroxy Acid will help to treat hyper-pigmentation, block melanin synthesis and reduce free radicals damage. The skin is left brighter, unified in appearance through complete epidermal exfoliation.

Classic Dead Sea Facial – 60 minutes

Designed to bring purity and balance to the face, with a private consultation to determine your personalized skin care regime, this facial includes deep cleansing, exfoliation, extractions, facial massage, customized facial mask and moisturizing. Dead Sea minerals, alongside soothing aromatherapy, cleanse, tone and beautify the complexion.

Facial Add-ons

Our Facial Add-ons can be added to most facial treatments to improve the overall complexion and boost the efficiency of the treatments.

Diamond Dermabrasion – 20 minutes

Our diamond etched mechanical micro-peeling and exfoliation system penetrates deep into the layers of the skin. The skin is left smooth with a dramatic effect on hyper pigmentation, environmental and hereditary aging.

High Tech Ultrasound – 30 minutes

The Dr Burgener High Tech Ultrasound works by combining two very well-known technologies (ultrasound and galvanic). It is extremely effective, working on the dilated pores, thus facilitating a deeper removal of impurities of the skin. This all-in-one anti-aging system leaves the skin purified and cells reactivated.

Facial Enhancements

Dr. Pauline Burgener has designed a special enhancement menu for you to add an additional highly effective treatment to complete your relaxing experience without extending its total duration.

Gold Firming

Collagen Volume

Clay Purity

Alpha White

Collagen Lip Therapy

Ocular Illumination



Authentic Experiences: Experience the Wonders of Arabia

The History of the Dead Sea

From the heart of the African Great Rift emerges the Dead Sea, the lowest point on earth at 400 meters (1,300 feet) below sea level. Since the time of Cleopatra and King Herod, the ancient world sensed that there was something unique about the Dead Sea, recognized for its healing benefits as well as the air of mystery surrounding the area. Its unparalleled abilities to promote relaxation, activate the circulatory system, provide anti-aging support and heal the skin are among the countless reasons why the Dead Sea attracts so many travelers seeking holistic healing.

An endangered natural treasure, the Dead Sea's water level is dropping at an alarming rate of around a meter (3 feet) a year. Nevertheless, the mystique of the Dead Sea prevails due in part to its unique chemistry, climate and composition. The Sea is home to 26 minerals, with a salt concentration of approximately 10 times higher than any other body of water. The mud produced on the banks of the Dead Sea from the layers of soil and the silt from the waters of the Jordan River and surrounding springs, has a strong cleansing capacity, making it ideal for relieving symptoms of chronic inflammation, psoriasis and eczema. Experience the benefits of this ethereal natural sanctuary for yourself.

Memories of Arabia – 90 mins

This exotic treatment was inspired by the enchanting Moroccan Hammam and by the milk bath ritual of Cleopatra. This experience begins with an application of our pure cold pressed Black Soap, rich in essential fatty acids and vitamins. Using a traditional Kassa glove, this full body exfoliation ensures in-depth cleansing. Our milk body wrap containing powerful Casein along with the 3 clays will leave your skin highly nourished and restored. The addition of our Dr Burgener Anti-Aging Bi-Phasic body concentrate will bring an increased efficiency for exceptional results.

Dead Sea Salt Scrub – 60 mins

Smooth away any dull surface debris while restoring necessary nutrients to stressed and tired skin. An exfoliating Dead Sea scrub, customized with aromatherapy and essential oils, will soothe and relax tired muscles, leaving your skin velvety soft. Application of a moisturizer completes this indulgent treatment.



Slimming Treatments

Swiss Salts Crystal Detox Body Wrap – 60 minutes

Formed during the evaporation of the sea which covered Switzerland, 200 million years ago, our Swiss Alps Salts, enriched with Dr Burgener Draining Body Concentrate, will help the body to get rid of water retention and toxins. Wrapped in our flotation bed will make this experience unique and highly effective.

Lympho Palper Rouler – 45 minutes

This massage consists of movements that palpate and roll, working on the cutaneous adhesions deep within the skin. Our Dr Burgener Svelt oil aids in slimming and detoxifying. Our treatment finishes with a light Lympho massage, to drain fluids and reduce water retention. Over time the connective tissue relaxes, circulation enhances and stimulates lipolysis, resulting in smoother texture, firmer skin and more contoured figure.

Lipo Draining Cryofit Wrap – 60 minutes

Cryotherapy is a famous and very effective treatment to work on a better lymphatic and blood circulation. It soothes the veins and reduces the dimple effect of cellulite. It is recommended for clients who suffer from heavy legs. Due to the Menthol and Camphor ingredients contained in the Cryofit Lotion, a refreshing and cooling sensation is experienced by the guest.

Slimming Cure – 5 days

With the Dr Burgener course of slimming over 5 days, you can obtain long-lasting and exceptional results. Thanks to our natural and highly concentrated active ingredients we will strongly detoxify and drain the body to have a great result on the water excess and orange skin effect.

Body Massages

Willow Stream Amman Signature Massage – 90 minutes

In Asia, bamboo is known as a symbol of longevity and prosperity. An East-meets-West massage treatment to evoke your senses, this massage combines the energy of the bamboo with Western techniques to revitalize and release built up tensions and discomfort from your body. Essential peppermint and rose oils are applied to the body in long gentle strokes using heated bamboo massage sticks, soothing the muscles while nourishing and moisturizing the skin for a uniquely relaxing experience. Indulge in the essence of legendary oriental healing.

Soothing Lava Shell Oasis – 90 minutes

A soothing blend of Damask rose, chamomile and vetiver essential oils is applied with heated lava shells, and works to calm and nurture both body and mind. Delivered in long gentle strokes, the massage soothes your muscles and helps you unwind. Your body is moisturized and your mind is nourished as you enjoy a memorable, relaxing experience inspired by the sea.

Traditional Thai Massage – 90 Minutes

This centuries-old therapy, known as passive yoga, is the perfect answer for anyone searching for optimal health, the release of tension and the restoration of vitality.

Tension Release Massage with Warm Volcanic Stones – 60/90 minutes

Derived from traditional Swedish massage techniques to renew, strengthen and heal the body, this full-body massage applies stretching and long strokes, along with palm and thumb pressure techniques to relieve tension, improve circulation and create a feeling of well-being. Using nourishing essential oils and warm volcanic stones to relieve tired aching muscles, the treatment activates various energy points, allowing you to unwind into a restful state of mind.

Absolute Relaxation Massage – 60/90 minutes

Using the art of movement combined with ancient aromatherapy oils, this Swedish-style full-body massage uses gentle techniques to help restore harmony and relax the mind and body.

Couple's Treatments - Spa By Design

Customize your couple's experience by choosing a selection of treatments from the menu to suit your needs. Whether it is a gathering with friends or a gesture to impress that certain someone, we can cater to all your needs. The VIP suite is an exclusive private environment which includes a private Jacuzzi and massage tables with enough space to relax for hours. You can also elevate your experience with the following upgrades:

- Flowers and Candlelight
- Balloons for celebrations
- Lunch or snacks selection from our dining menu
- Alcoholic or non-alcoholic beverages
- Bath tub

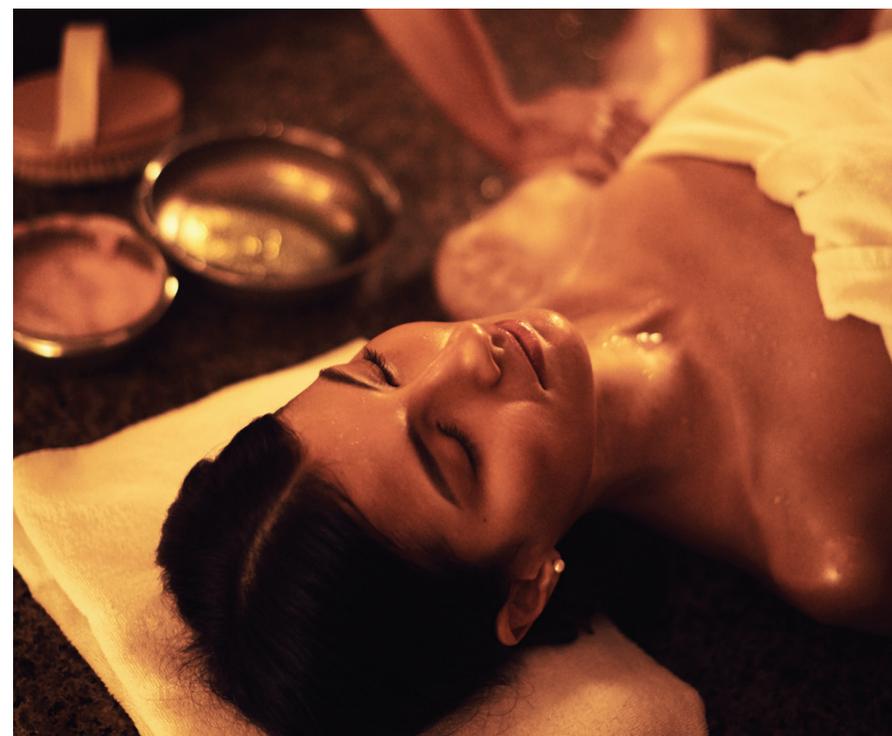
Spa Essentials Packages

Our experienced coordinators will be pleased to recommend any two-, three- or five-hour spa packages suited to your specific needs. These can include anything from the menu above.

Additional Time

To upgrade any of our present treatments with additional time and services, the below mini-treatments will suit your skin care needs, ensuring complete relaxation and rejuvenation. Choose from a variety of 30-minute mini-treatments including:

- Bath Therapy
- Head and Scalp Massage/Herbal Scalp Ritual
- Body Scrub
- Concentrate Express Facial
- Head, Neck, and Shoulder Massage
- Foot Massage
- Anti-aging Hand Massage



Spa Etiquette

Spa environment

Willow Stream Spa is a place to restore your energy and relax. For your peace and privacy, phones and other electronic devices are not permitted. If you would like to receive messages during your time with us, please let one of our colleagues know, and we would be happy to assist.

Spa arrival and etiquette

We recommend you arrive 30 minutes prior to your appointment time to enjoy the facilities and ensure your treatment starts on time. Late arrivals may result in a reduction of your treatment experience. Please come and spend the day with us. To make any changes to your booking, please contact the Spa at + 962 6 510 6200.

Personal matters

Please inform us of any health conditions at the time of booking. You will also be asked to complete a medical history form upon arrival, so we can customize your experience to your needs.

Spa attire

You will receive a bathrobe and slippers to wear between treatments, as well as a locker for your personal belongings. For your comfort, undergarments must be worn during treatments. We ask you to leave jewelry and valuables in your guest room.

Gift vouchers

Gift vouchers for all Willow Stream Spa services and packages are available for purchase. Please contact our Spa Experience Coordinators for further information.

Making spa appointments

Consult our Spa Experience Coordinators to select treatments that fulfill your personal requirements. The Spa is located on the third floor of the Fairmont Amman. Advanced reservations are recommended to ensure availability.
Telephone: + 962 6 510 6200 | Email: amman.willowstream@fairmont.com

Spa cancellation policy

If you wish to reschedule or cancel any spa appointments, please notify the Spa 4 hours in advance. Cancellation or rescheduling of a package requires 24 hours' notice. Missed appointments without proper notice are subject to a 100% charge for reserved services.

Tax and service charges

For your convenience, municipality fees and a 10% service charge are included in the treatment price.

Hours of operation

Spa Treatments: 10:00am – 10:00pm daily | Fitness Centre 6:00am – 10:00pm daily